



VETERANS VILLAGE PANTRY SHOPPING LIST



Protein Foods: Meat, Poultry, Fish, Dry

Beans, and Nuts

canned tuna
canned chicken
canned beef stews
canned salmon
bean soups
canned or dried beans
baked beans
canned chili
peanut butter
canned nuts

Dairy: Milk, Yogurt and Cheese

infant formula
nonfat dry milk
evaporated milk
instant breakfast drinks
small boxes of shelf-stable (UHT) milk
canned and boxed pudding

Grains: Bread, Cereal, Rice, and Pasta

rice and rice mixes
canned pastas
noodle mixes
dry noodles and pastas
macaroni and cheese mix
cold cereals
bran cereal
shredded wheat
infant cereal
hot cereal mixes
oatmeal
bread and muffin mixes
pancake mix
whole-grain crackers
granola bars
graham crackers

Vegetables

canned vegetables
vegetable soup
canned tomato products

canned tomato products
spaghetti sauce
baby-food vegetables
V-8 juice

Fruits

canned fruit
raisins
applesauce
dried fruits
baby-food fruit
fruit leather (100% fruit)
canned and boxed 100% juice

Non-Food Items to Donate

Certain non-food items may also be welcome. Call your local food pantry to see what they need.

Paper Products

toilet paper
paper towels
napkins
tissues

Soap Products

hand soap
laundry and dish detergent
cleaning products

Personal Care Products

shampoo
toothpaste
toothbrushes
shaving cream
razors
deodorant
feminine hygiene products

Extras

tea
coffee
spices